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## **Instructor's Profile**



## Aisha Bela

Aisha is a highly qualified professional with extensive expertise in coaching and organizational development. She holds certifications in NLP, Life Coaching, Leadership & Executive Coaching, Emotional Intelligence, and Hypnotherapy from renowned institutions worldwide. Currently focusing on Regression Therapy, Aisha has a strong background as CEO of PEF, Business Development & HR Manager at Tufail Chemical, and Chief L&D & Corporate Coordinator at PARCO.

As Visiting Faculty at Institute of Business Administration (IBA) and DOW Institute of Health Sciences, Aisha teaches leadership, sales, public speaking, and emotional balancing. She has conducted workshops globally for clients such as Hutchison Ports, Roche Pharma, and U.S. Embassy Justice Department ICITAP. Aisha holds a Masters in English Literature from University of Karachi and has completed courses from Harvard University and +Acumen in persuasive writing, entrepreneurship, and humancentered design.





### Who Should Get Access to the Course?

Middle Managers
Project Managers
Team Leaders
HR Professionals
This course delivers key insights, enabling professionals to perform at their best and achieve tangible results.

# **Exercising Leadership**

## Aisha Bela

#### -Introduction

#### -Module - 1

- **b** Diagnostic Indicators Of Adaptive Challenges
- 🔁 Respect For The Pains Of Change
- 🔒 Leadership Through Adaptive Work
- 🔒 Why Do We Misdiagnose
- 🔒 Unbundling The Work
- The Nature of Authority P-2
- 1 The Roots of Authority
- 🔒 Understanding Regions
- 📵 The Services of Authority
- 🔒 Authority and Leadership
- 🔒 Informal Authority
- 🔒 Advantages of Leading Beyond and Without Authority
- 🔒 Stakeholder Map
- Disappointing Expectation
- 🔒 Hold Steady
- Ambitions and Aspirations
- 🔒 Sanctuary
- Conclusion Staying alive





### **Course Description :**

The course on exercising leadership explores diagnostic indicators of adaptive challenges and emphasizes respecting the pains of change. Participants learn to navigate leadership through adaptive work, addressing reasons for misdiagnosis and the interplay between authority and misdiagnosis. Unbundling the work process is examined alongside the nature and roots of authority, its services, and its relationship with leadership. The course covers informal authority, changes in authority over time, and the advantages of leading beyond formal authority. Participants create stakeholder maps, manage disappointing expectations, and cultivate allies and confidants to conclude with insights on maintaining resilience and ambitions.

### **Learning Objectives:**

The learning outcomes for exercising leadership encompass understanding diagnostic indicators of adaptive challenges and fostering respect for the difficulties associated with change. Participants will develop skills in leading through adaptive work, examining the reasons for misdiagnosis and the impact of authority.









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